Regional Meetings

Thank you to all of the chapters and groups around the country who have signed on to hold a regional meeting in their community. Because of your efforts we will be able to bring support and education to hundreds of heart patients and caregivers around the country. We now have six meetings scheduled in the Central, Southern, Western, Northeast and Mid-Atlantic regions and are working on scheduling meetings in the Southwest and Rocky Mountain regions. Here is what we have so far:

September 21 – Hollywood, FL – Memorial Hospital – [REGISTER HERE]
September 28 – Medford, OR – Smullin Center – [REGISTER HERE]
October 5 – Atlanta, GA – Registration opening soon
October 26 – Gastonia, NC – CaroMont Heart & Vascular – Registration opening soon - watch the video invitation [HERE]
Nov 1 & 2 – University of Massachusetts, MA
Feb 28 – Evansville, IN

The following locations will be hosting regional meetings, but dates have not yet been confirmed.

Waco, TX
Houston, TX
Phoenix, AZ

*Please note, our Cincinnati and Covina Regional meetings have been cancelled.

---

A World of Support – MH/MLH Fundraiser in Honor of World Heart Day

Save the Date for September and World Heart Day! Over the next few weeks we will be reaching out and asking for help from each of our chapter and groups so that we can keep our organization strong and provide the quality services you’ve come to know and love. Be on the lookout for more information regarding our “World of Support” fundraiser!

---

Visitor Training – Visitors Must be Accredited Once a Year

If you are an accredited visitor for Mended Hearts or Mended Little Hearts in the hospital, or you visit with patients and caregivers over the phone, in the community or through email, we would like to take a moment to thank you for what you do. You are the organization’s most important resource for inspiring hope in heart patients!

As the face of the organization, it is very important that our visitors go through the reaccreditation process every year. This program provides an organized way to provide quality support and encouragement to heart patients and their families and it is important to revisit the program annually. All of our hospitals undergo a yearly Joint Commission Review, so it’s fair to say that this is the Mended Hearts version of a similar joint commission review.

Visitors can complete the reaccreditation process in one of two ways. The first is the online training session that can be found in the MLH and MH Officer Portal HERE under the tab “Visitor Training”. The second way to complete the training is to attend an in-person reaccreditation session held by your chapter or group’s Visiting Chairman. This format helps with the exchange of ideas and team building and is ideal when you have a large number of visitors who need to be trained at once.

If you have questions about your reaccreditation process, please reach out to your assistant regional director, regional director, or the resource center.
Beta Test of Janssen Heart Health App

This fall, Janssen, along with Apple, will be launching a large study to determine if a new heart health app along with the Series 4 Apple Watch can help detect irregular heart rhythm and lead to earlier diagnosis of atrial fibrillation. Over the next several weeks, Janssen will be launching a beta test of the app to ensure the app performs and the data flows as expected.

To be eligible, participants must:

- Be 65 or older
- Be on traditional Medicare
- Have an iPhone 6 (or higher)
- May have atrial fibrillation (not required)

If you are interested in participating in the study, you will first need to visit [here](#) to answer a questionnaire to confirm your eligibility. If you are eligible, you will sign an online agreement. Within 2-3 weeks you may be invited to participate by email with a link to download the heart health app.

The test will run for up to 6 weeks (based on when a person starts.) Each participant will earn $175 for completing the best test (using the App during the study to answer questions and read material). Each participant can also earn up to $100 more by participating in one or two interviews about their experience.

This is limited time opportunity and enrollment will begin around August 19. Enrollment will close as soon as all test groups are full so anyone interested should visit the website right away.

---

**Cardiomyopathy Month**

Mended Little Hearts is partnering with the Children’s Cardiomyopathy Foundation (CCF) for Children’s Cardiomyopathy Awareness Month this September to raise awareness of pediatric cardiomyopathy, a chronic and potentially life-threatening heart disease.

Cardiomyopathy is the leading cause of sudden deaths and heart transplants in children under the age of 18. Cardiomyopathy is an incurable and often progressive heart disease affecting how the heart pumps blood through the body. Many times, it is “silent” in its symptoms and not diagnosed until after a tragedy occurs.
Children’s Cardiomyopathy Awareness Month aims to call attention to the signs, symptoms and risk factors for cardiomyopathy to help families and their physicians identify at-risk children and get them the appropriate medical attention to prevent premature death. Please click HERE to find out more about this disease.

Edwards SAPIEN 3 TAVR Receives FDA Approval for Low-Risk Patients
Patients who need to be treated for severe, symptomatic aortic stenosis (AS), and who are determined to be at a low risk of open-heart surgery, now have another option for treatment. The U.S. Food and Drug Administration (FDA) just approved the expansion of the use of the Edwards SAPIEN 3 and SAPIEN 3 Ultra transcatheter heart valve systems for patients looking for an alternative to surgery. For more information, please click HERE.

Aiken Chapter Reaches Giant Milestone
A big congratulations to Chapter 294 in Aiken, SC. The chapter, which was chartered in 2001, recently visited its 25,000 cardiac patient! It’s an amazing accomplishment!

Each donation helps to support our mission to inspire hope through ongoing peer-to-peer support, education, and advocacy.

GIVE TODAY

If you wish to find out more about a local MH or MŁH event, or you have a meeting you would like added in next month’s newsletter, please email Mandy at Mandy.Sandkuhler@mendedhearts.org

MH Chapter Events
MH of Wenatchee, WA: Chapter Meeting 09/02/2019 from 11:30 to 1 p.m. For more info email Ann HERE.

MŁH Group Events
MŁH of Washington, DC: Monthly Support Group Meeting at Rock Spring Congregational Church 08/08/2019 from 7:30-
MH of Central Virginia: Chapter Meeting 09/03/2019 at 7 p.m. For more info email John [HERE].

MH of Cabarrus, NC: Chapter Meeting 09/05/2019. For more info about future meetings email Ken [HERE].

MH of Myrtle Beach, SC: Chapter Meeting at Mercy Care 09/09/2019 at 11:30 a.m. For more info email Mary Lou [HERE].

MH of Newark, DE: Chapter Meeting 09/09/2019 at 6:30 p.m. For more info email Linda [HERE].

MH of St. Petersburg, FL: Chapter Meeting 09/09/2019 from 1 to 3 p.m. For more info email Ken [HERE].

MH of Landmark, RI: Chapter Meeting 09/09/2019 at 5:30 p.m. For more info email Carolyn [HERE].

MH of Chicago, IL: Chapter Meeting 09/10/2019 at 6 p.m. For more info email Neal [HERE].

MH of Fayetteville, NC: Chapter Meeting 09/12/2019 from 6 to 7:30 p.m. at Cape Fear Valley Health Plex. For more info email Bill [HERE].

MH Bellefontaine, OH: Chapter meeting 09/12/2019 at 6 p.m. For more info email Bruce [HERE].

MH of Leesburg, FL: Chapter Meeting 09/12/2019 at 10 a.m. For more info email Michele [HERE].

MH of Charlottesville, VA: Chapter Meeting 09/12/2019 from 2 to 3 p.m. For more info email Robin [HERE] or call 434-243-8197.

MH of Aiken, SC: Chapter Meeting 09/13/2019 at 10 a.m. For more info email Phil [HERE].

MH of Huntsville, AL: Chapter Anniversary Dinner at Kayce's Restaurant 09/18/2019 at 6 p.m. Cost of meal is $10.00 per person. Call 256.837.7354 to RSVP.

MH of Ft. Myers: Chapter Meeting 09/18/2019 at 6:30 p.m. Click [HERE] for more info.

MH of Fort Myers, FL: Chapter Meeting 09/18/2019 at 6:30 p.m. For more info email Joe [HERE].

MH of Greater Hartford: Chapter Meeting 09/18/2019 at 7 p.m. For more info email Walter [HERE].

MH of Central VA & MLH of Charlottesville: Workshop from "Organized Advocacy" and lunch afterwards 08/24/2019 at 11 a.m. Click [HERE] for more info and to register.


MLH of Washington, DC: Monthly Support Group Meeting at Rock Spring Congregational Church 09/12/2019 from 7:30-9 p.m. For more info email Maryann [HERE].

MLH of Indianapolis: CHD Panel Facebook Live Event 09/21/2019 at 2 p.m. Click [HERE] to participate. The group will be delivering Bravery Chest Donations (currently over 800 toys and counting) directly before the event.

MLH of Washington, DC: Cardiac Family Zoo Picnic/Children's National Medical Center 09/21/2019 from 10-2 p.m.

MLH of Southwest, PA: Pittsburgh Pirate game 08/25/2019 to celebrate 10th birthday bash. For more info email Amanda [HERE].

MLH of Oklahoma: 2nd Annual Jaycees Jubilee Pumpkin Patch Party 10/6/2019 from 3 to 5 p.m. For more info email Heather [HERE].

MLH of Washington, DC: Adult Congenital Heart Disease in the 21st Century Symposium 10/5/2019 from 12:30-3:45 p.m. Register [HERE].

MLH of Washington, DC: NPCNA 2019 Symposium 10/05/2019 from 10-5 p.m. Children’s National Medical Center. Register [HERE].

MLH of San Diego, CA: Support Group Meeting 10/12/2019 from 11 to 12 p.m. at Ronald McDonald House. For more info email [HERE].
MH of Altanta, GA: Chapter Meeting 09/21/2019 at 10:30 a.m. For more info email Harry [HERE].

MH of Morris County, NJ: Chapter meeting 09/22/2019. For more information email Vic [HERE].

MH of Aiken: 18th Annual Golf Tournament 09/23/2019. For more info email Phil [HERE].

MH of Myrtle Beach, SC: Chapter Meeting at Waccamaw Hospital 09/24/2019 at noon. For more info email Mary Lou [HERE].

MH of Palm Beach Cty, FL: Chapter Meeting 09/24/2019 from 6 to 8 p.m. For more info click [HERE].

MH Blueridge, VA: Chapter Meeting 09/26/2019 from 12 to 2 p.m. For more info contact Dan [HERE].

MH of Loma Linda, CA: Chapter meeting 09/27/2019 09/27/2019 from 1:30 to 3 p.m. For more info email Joe [HERE].

MLH of Washington, DC: Race for Every Child, Freedom Plaza, Washington DC 10/19/2019 from 8 to 12 p.m. More info [HERE].

MLH of Oklahoma: CHD Kid Party at Dave & Busters OKC for older children and teens 10/26/2019 from 6-8 PM. For more info email Heather [HERE].

MLH of the Bay Area: Superhero Heart Run 11/03/2019. For more info click [HERE].


MLH of San Diego, CA: Music therapy classes the last Friday of every month through December. Two classes; ages 0-3 and 4 & up. For more information click [HERE].

www.Mendedhearts.org - 1-888-432-7899