Monday, October 15, 2018 – 6:00 PM

NORTON’S AUDUBON HOSPITAL
1 Audubon Plaza Dr. – Louisville, KY 40217
L2 – community conference room (near cafeteria)

Speaker: Dr. Christian Furman
Topic: Geriatric Medicine

Dr. Christian Furman is a geriatrician in Louisville, Kentucky and is affiliated with multiple hospitals in the area, including Jewish Hospital and University of Louisville Hospital. She received her medical degree from University of Louisville School of Medicine and has been in practice for more than 20 years. She is one of 9 doctors at Jewish Hospital and one of 13 at University of Louisville Hospital who specialize in Geriatric Medicine.

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2019 Nursing Scholarship Applications

It’s that time again for you to get the word out about our (2) $1,500.00 Nursing Scholarships we will be presenting in March 2019 at our annual anniversary dinner. The application is attached in the newsletter and if you need more information concerning the scholarships, please contact Bonnie Weck bonnieweck@gmail.com or 502-387-4403. Deadline January 30, 2019

A BIG THANK YOU to Kayla Good and Bonnie Weck for being the co-captains for the 2018 American Heart Walk

The King and Queen for the 2018 American Heart Walk in Louisville held on Saturday, September 22nd. $661,969 dollars was raised this year research efforts.
We need visitors!! We all know how much it helps to receive a visit from a Mended Hearts visitor, but our visitors are dwindling. We have one visitor in school, one out for tests and one having back problems. We really need your help! Please let Dave Lewis know if you are interested in visiting.

Another way to visit, is by phone, I received this email from Andrea Baer, MS, Director of Patient Advocacy and Program Management:

Hello all,
We currently have 50 patients in backlog waiting for a **telephone visit. If you are willing to take 5 patients and make the calls for them would you please let me know. I will send you a list and you can take a day or two (or three) to get through them. We have had over 600 referrals in the past 2 ½ months. It is FAR above what we typically receive. Any help would be greatly appreciated so that these patients aren’t waiting for us. Thanks so much! Andrea

**These calls are made to patients all over the United States.

You would still have to go through the visiting program with our chapter visiting chair, Dave Lewis or myself and become an accredited visitor. Let me know if you are interested.

At our November meeting we will have elections for 2019 and 2020. The President and Secretary positions are up for vote. I and Edwina are both willing to return for another term, but if you are interested in the positions, please don’t hesitate to step up. You can call Jean Miller from our nominating committee 640-0232 if you are interested.

Thanks to all that brought some really good food for our Pot Luck last month, yummy! Another thanks to those that showed up on a rainy, chilly morning for the Heart walk. Our team raised $795.00

Our Motto – “It’s great to be alive, and to help others
“Living Well After Surgery”

Help us spread the word about “Living Well After Surgery.” If you have interesting photos of your activities after surgery, please forward to this e-mail: mhchapter11newsletter@gmail.com

Don’t forget to send in your photos of activities you are involved in to share with others who have had heart surgery and give them hope that there is “Life After Surgery.”

Mended Hearts’ Fifth Golf Scramble

WEDNESDAY, SEPTEMBER 5th

Thank you to everyone who worked so hard in making our annual golf scramble a success. We raised $4,057.00 and thank you to Troy Coulter of State Farm who has already donated to be our corporate sponsor for next year’s scramble. Again, we would not be able to host this event without the sponsors, the donations, golfers, and of course the behind the scenes individuals who make it all happen. Mark your calendars for Wednesday, September 4, 2019 for next year’s scramble.
Thank You to Charlie Thompson for purchasing/preparing the golfers' goody bags

Waiting for the other teams to arrive

Almost finished

Love playing in this scramble every year!!!

Thank You again for your support!!!
VISITING REPORT
Dave Lewis, Visiting Chairman

VISITING REPORTS = 27

<table>
<thead>
<tr>
<th></th>
<th>Audubon</th>
<th>Baptist Health</th>
<th>Kentucky One</th>
<th>Rehab/Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients</td>
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<tr>
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<td>TOTALS</td>
<td>5</td>
<td>14</td>
<td>0</td>
<td>8</td>
</tr>
</tbody>
</table>

The rewards are not all one-way, because as an Accredited Visitor, you can receive tremendous joy from your visits. Accredited Visitors have the opportunity to see the sparkle return to the eyes of the patient or family member. By making visits, Accredited Visitors know the true meaning behind the goals of “giving back and helping others” and “empowering families affected by congenital heart disease.” If you are interested in becoming an accredited visitor, contact Dave Lewis 502.244.9237.

Thank you to our volunteers for their dedication to our visiting program. Mended Hearts could not do it without your participation.

Thank you to everyone who brought side dishes to our September Potluck Indoor Picnic and Bonnie Weck for all the work she puts into ensuring we have great monthly meetings. We had plenty of food and great fellowship.

CHAPTER OFFICER ELECTIONS:
Kentuckiana Chapter #11 will hold its officer elections for 2019-2021 at our November monthly meeting.

Bonnie Weck, President
Edwina Flood, Secretary

If you would like to run for either of these positions, please contact Jean Miller, Nominating Committee Chairman 502-640-0232.

National Day of Remembrance

Mended Little Hearts will be remembering our CHD angels on October 15, our National Day of Remembrance, coinciding with National Pregnancy and Infant Loss Remembrance Day.

Please join us by lighting a candle in remembrance that day and by planning remembrance events. Check out our website and Facebook page for other ways to participate.
Mended Hearts Inc.
Meeting/Event Reminders

Mended Hearts is an organization that has been offering the gift of hope to heart disease patients, their families and caregivers. Our support groups help people understand there can be a rich, rewarding life after heart disease diagnosis.

********** Meetings are the 3RD MONDAY of each Month **********

CHECK OUT OUR NEW WEBSITE - http://mendedhearts.org (click on find chapters; click on KY; then click Chapter 11)
See us on FACEBOOK at Mended Hearts, Inc. Kentuckiana Chapter No. 11

UPCOMING MEETINGS

For more information, call Bonnie Weck
502.387.4403 or bonnieweck@gmail.com

Monday, October 15th (6:00) – AUDUBON
L2 – Community Conference room (near cafeteria)
Speaker: Dr. Christian Furman
Topic: Geriatric Medicine

Monday, November 19th (6:00) - AUDUBON
L2 – Community Conference room (near cafeteria)
Speaker: Dr. Kristen Sell-Dottin
Topic: Mitral Valve Clip

Monday, December 17th (6:00) - AUDUBON
L2 – Community Conference room (near cafeteria)
Speaker: no speaker
Topic: Christmas Party Dinner

UPCOMING EVENTS

Wednesday, November 14th – “Board of Director’s Meeting”
Roosters, 5338 Bardstown Rd (Bardstown Rd at Hurstbourne Ln) - 12:00 PM ALL MEMBERS ARE INVITED TO ATTEND.
Future dates in 2019: TBD

REMEMBER TO BE SAFE ON WEDNESDAY, OCTOBER 31st

MARK YOUR CALENDAR

October Happenings

Happy Halloween

Christmas Party
Chapter 11 Officer Ballot  
Term January 2019 – January 2021

The following have been nominated and have accepted the nominations for positions listed.

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Bonnie Weck</td>
</tr>
<tr>
<td>Secretary</td>
<td>Edwina Flood</td>
</tr>
</tbody>
</table>

Please print legibly and add a comment as to why you think that person would make a good officer.

The President and Secretary positions will expire at the end of 2018. The following positions are for the years beginning January 2019 and ending January 2021. If you are interested in either position, please contact Jean Miller 502-540-0232.

Visiting Chairman, Newsletter Editor and Heart Walk Chairman are appointed positions, if anyone is interested in serving in any of these positions. List your name and the position you are interested in taking.

1. ...............................................................  
2. ...............................................................
STUDENT CARDIOVASCULAR NURSING SCHOLARSHIP APPLICATION
(Page 1 of 2)

Name (print) ____________________________________ Phone (home) _______________________
(work) _______________________

Address __________________________________________________________________________
_______________________________________________ E-mail _____________________________

Best times to contact me _______________________________________________________________________

******************************************************************************
***************

School of Nursing _______________________________________________________________________

Graduation Date _______________________ G.P.A. _____________________ (please attach unofficial transcript)

Current employment (attach complete resume) _______________________________________________________________________

List any prior grants or scholarships you have received

List personal goals and tell us why you consider yourself a good candidate for this scholarship (attach comments to this form)

Please list two professional references (attach letters)

1. _______________________________________________________________________

2. _______________________________________________________________________
TO: THE CARDIOVASCULAR NURSING SCHOLARSHIP COMMITTEE OF
THE MENDED HEARTS, INC., KENTUCKIANA CHAPTER #11

I would like my application to be considered by The Mended Hearts, Inc., and Scholarship Committee for the annual Cardiovascular Nursing Scholarship.

I have received a copy of the “guidelines” for this scholarship, and I agree to the stipulations and procedures outlined within.

________________________________________
Applicant’s Signature

________________________________________
Date submitted

Return to:

Bonnie Weck, President
Kentuckiana Mended Hearts Chapter 11
135A Michelle Drive
Shepherdsville, KY 40165

NOTE: All applications must be post marked not later than JANUARY 30, 2019.
GUIDELINES

ANNUAL STUDENT CARDIOVASCULAR NURSING SCHOLARSHIP

OBJECTIVE:
To encourage nursing students to enter the field of cardiovascular nursing. Two $1,500.00 scholarships are offered this year following the requirements below established by The Mended Hearts Inc., Kentuckiana Chapter #11.

REQUIREMENTS:
1. Applicant must be attending a school of nursing in the Metro Louisville area.
2. Applicant shall have demonstrated an interest in securing a nursing position within a hospital unit: Critical Care, Cardiovascular Unit, or Cardiac Rehabilitation Unit in the Metro Louisville area.
3. Applicant shall have achieved a cumulative G.P.A. of 2.80 or greater on a 4-point scale.
4. No applicant will be awarded to any Mended Heart's family member.
5. Previous winners are not eligible.

APPLICATION PROCESS:
1. Applicant will complete the upper portion of the scholarship application including a complete resume and letters from two professional references whom you have demonstrated an interest in Critical Care, Cardiovascular, or Cardiac Rehabilitation prior to returning the application to the Kentuckiana Chapter #11 President.
2. An unofficial transcript including all but the current semester should be attached by the student.
3. Applications will be screened by the Nursing Scholarship Committee.

CONTRACT WITH RECIPIENT:
1. The recipient and, if possible, a representative of the school of nursing, personally shall attend The Mended Hearts Inc., Kentuckiana Chapter #11’s 45th anniversary dinner, in March 2019 at 6:00 PM, location TBD at a later date. when the presenting of the scholarship will take place.
2. In addition, Chapter 11 will pay for one-year membership in Mended Hearts Inc. The recipient is encouraged to retain an ongoing relationship with the Kentuckiana Chapter #11 by attending monthly meetings as often as possible. Regular meetings are held on the third Monday of each month and are listed in the newsletter “Heart to Heart,” which will be sent to the recipient for a period of one year to keep her/him informed of Mended Heart’s activities and to encourage active membership of this chapter.

Our motto is, “It’s great to be alive – and to help others!”
### Member Information (please print or type)

<table>
<thead>
<tr>
<th>Date</th>
<th>Name (Mr/Mrs/Ms)</th>
<th>Address (line 1)</th>
<th>Address (line 2)</th>
<th>City/State/Zip</th>
<th>Phone ( )</th>
<th>Alt Phone ( )</th>
<th>Retired: Yes No</th>
<th>Occupation</th>
<th>Family member (must reside at same address; please name): (Mr/Mrs/Ms)</th>
<th>Preferred Contact: Phone Email Mail</th>
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### Medical Info/Demographics (Optional for Mended Hearts reporting purposes in aggregate only)

<table>
<thead>
<tr>
<th>Name of Heart Patient</th>
<th>Date of Surgery/Procedure</th>
<th>Type of Surgery/Procedure</th>
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<table>
<thead>
<tr>
<th>Angioplasty</th>
<th>Heart attack</th>
<th>Diabetes</th>
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<tbody>
<tr>
<td>Atrial Septal Defect</td>
<td>Pacemaker</td>
<td>Valve-Surgery</td>
</tr>
<tr>
<td>Aneurysm</td>
<td>Transplant</td>
<td>Valve Transcath</td>
</tr>
<tr>
<td>CABG (Bypass)</td>
<td>AFib arrhythmia</td>
<td>ICD (Defibrillator)</td>
</tr>
<tr>
<td>Stent</td>
<td>Other arrhythmia</td>
<td>Other</td>
</tr>
</tbody>
</table>

Many chapter newsletters include surgery/procedure anniversaries of members. Please indicate here if you are agreeable to having your name published in this way.

- Yes
- No

### Add my email to monthly and local national email updates?

- Yes
- No

### Medical Info/Demographics

<table>
<thead>
<tr>
<th>Name of Caregiver</th>
<th>Phone</th>
<th>Alt Phone</th>
</tr>
</thead>
</table>

- Check here if also Heart Patient
- Procedure- specify: ______________________

### National Membership Dues:

Includes subscription to *Heartbeat* magazine and one insignia pin for an individual or two pins for a family membership (must reside in same household). Select type of membership and include chapter dues (unless you wish to become a member-at-large). National dues are tax deductible less $10.00; Chapter and Lifetime dues are 100% tax deductible.

### USA Dues

<table>
<thead>
<tr>
<th>USA Dues</th>
<th>National</th>
<th>Chapter</th>
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<tbody>
<tr>
<td>Individual</td>
<td>$20.00 ( )</td>
<td>$10.00 ( )</td>
<td>$30.00 ( )</td>
</tr>
<tr>
<td>Family</td>
<td>$30.00 ( )</td>
<td>$10.00 ( )</td>
<td>$40.00 ( )</td>
</tr>
</tbody>
</table>

- * I am joining as: ( ) a Caregiver: ( ) a Physician: ( ) an RN: ( ) a Health Admin.: ( ) an interested Party __________ |
- * I am giving a tax-deductible contribution of $ __________ to the National Organization ( ) or to Chapter 11 ( )

### Life/Individual

<table>
<thead>
<tr>
<th>Life/Individual</th>
<th>($150.00 one time) ( ) + Chapter $5 annually</th>
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### CASH ( ) CHECK ( ) #____________ DATE____________ |

MAKE CHECKS PAYABLE TO: The Mended Hearts, Inc.

#### Elaine Martin, Treasurer, Chapter 11
12304 Crosswinds Drive
Louisville, KY 40243
502-245-2687

Inquiries: info@mendedhearts.org
To Recent Heart Patients

Heart To Heart, the monthly newsletter of The Mended Hearts Kentuckiana Chapter 11 can be sent to you by email. Please be sure your visitor has your email address. We invite you and your family to be our guests for our monthly meetings. Our programs are selected to be of interest to heart patients. Members will be available to answer non-medical questions you may have encountered. And you may decide to become a member and carry out our motto: “It’s great to be alive- and to help others!”

Central Region includes: Michigan, Indiana, Ohio, half of Pennsylvania, West Virginia, and Kentucky

Send your e-mail address to mhchapter11newsletter@gmail.com and request to be added to our e-mail list.

Not a member? Join us today!

E-mail: mhchapter11newsletter@gmail.com for an application

A Mended Hearts Prayer

We ask for your blessings, Lord.
We ask for strength, that we may pass it on to others.
We ask for faith, that we may give hope to others.
We ask for health, that we may encourage others.
We ask Lord, for wisdom, that we may use all of your gifts well.

Herbert Maedl

CHAPTER NO. 11 OFFICERS FOR 2017-2019

President: Bonnie Weck 502.387.4403
Vice President: Charlie Staff 502.649.3028
Secretary: Edwina Flood 502.491.2980
Treasurer: Elaine Martin 502.245.2687

NATIONAL MENDED HEARTS, INC. OFFICERS

President: Donette Smith
Executive VP: Millie Henn
Vice President: Patrick Farrant
Treasurer: Gus Littlefield
Central Reg. Director: Bruce Norris
Central Ass’t Reg. Director: vacant

CHAPTER NO. 11 COMMITTEE CHAIRPERSONS:

Visiting Chair: Dave Lewis 502.244.9237
Newsletter: Sandy Larimore 502.428.6621
Telephone: Edwina Flood 502.491.2980
Web/Facebook: Bonnie Weck 502.387.4403
Hospitality: Ralph Kats 502.245.7785
Sunshine: Elaine Martin 502.245.2687
Caregiver: vacant
Membership: Jean Miller 502.935.6470
Public Relations: vacant
Heart Walk: Kayla Good 502.794.1829
AHA Liaison: Bonnie Weck 502.387.4403

We ask Lord, for wisdom, that we may use all of your gifts well.

Herbert Maedl

Or Current Resident