



Mended Hearts™



little
mended hearts

Top 7 reasons to give to Mended Hearts and Mended *Little* Hearts

1. **Peer-to-Peer Support Network**—Mended Hearts and Mended *Little* Hearts have 285 chapters throughout the nation serving their communities with peer-to-peer support services and programs. For those without a chapter near them, online support is provided through online communities and other online communications.
2. **An Accredited Visiting Program**—Trained patients and parents conduct 185,000 in-person hospital visits, telephone visits, and online visits with patients and families *each year*.
3. **High-Quality Educational Resources**—The HeartGuide and the Mended *Little* HeartGuide are given, often in-person by an Accredited Visitor, to patients and parents to help guide them through their journey with heart disease across the lifespan. GoTo Guides and Educational webinars are provided to help empower patients and families and to allow them to become advocates for themselves and others.
4. **A Bravery Bag Program**—The Bravery Bag program supports families with children in the hospital after heart surgery or other procedures. Families receive a bag of toiletry, comfort, educational and fun items to help them with their hospital stay and to let them know that Mended *Little* Hearts is there for them in times of crisis.
5. **Advocacy Programs**—Mended Hearts and Mended *Little* Hearts understand the Power of the Patient Voice™ to impact care, treatment options, and access to therapies. We strive to empower the patient to become their own advocate.
6. **The Gift of Hope** – Patients and families who are visited and supported by a Mended Hearts visitor are happier, more hopeful, and focused on healing. The emotional support provided is invaluable to patients as they navigate their journey to heart health.
7. **Empowered Patients** – Empowered patients make better health care choices, they take their recovery more seriously, and follow their treatment plans better. Empowered patients make better patients, and we can help them.

“It’s great to be alive and help others”

“Little hearts hold big hopes”