We are excited to share that on February 6th our organization was asked to ring the NASDAQ bell in honor of American Heart Month. Executive Director Andrea Baer was given the opportunity to talk about Mended Hearts and a 30-second MH video played outside the building on the NASDAQ marquee in Times Square for one hour. For a look at the morning’s events, and Andrea’s speech, please click HERE. For a closer look at our 30-second video, please click HERE. We would like to extend a special thanks to the staff at Madison Miles Media for creating this video on our behalf.
We would also like to announce that Mended Hearts was donated another marquee in Times Square to be used to advertise our organization during February and March. Three times an hour, for twenty hours a day, our 10-second #RockYourScar video will be shown in Times Square. If you are in New York City and would like to see the video in person, the marquee can be found at 1500 Broadway. If you won’t be traveling to New York, you can still view that video HERE.

Many thanks to the anonymous donor who made this amazing opportunity possible.

Rock Your Scar 2020 Winners

Congratulations to all of our #RockYourScar winners! We had almost 1200 entries this year and picking their favorites was incredibly tough for our judges. Thank you to the 356,943 people who visited the contest and to all of you who took the time to vote 201,309 times! You are helping to spread CHD awareness!
Roar 'N Run 2020 Virtual Charity Race

Thank you to everyone who participated in this year's Roar 'N Run Virtual Charity Race. Together we raised over $10,000 that will go towards our MLH Bravery Bag Program. A shout-out to the following fundraisers who really went the extra mile this year.

Top 5 Fundraising Teams
1. Noah's Warriors - $1749
2. Team TenderHearts - $635
3. Team JoJo - $606
4. Julian's Warriors - $385
5. Twisted Hearts - $348

Top 5 Individual Fundraisers
1. Barbara Galland - $300
2. Jerry Nunneley - $184
3. Tracy Tietze - $157
4. Rebekah Reilly - $131
5. Bethany Bump - $126

The Hidden Risks of Heart Attacks: An Augmented Reality Experience

Mended Hearts has partnered with Bayer Aspirin to educate people on their hidden risks of Heart Disease. The worst part about hidden risk factors? Not knowing. Knowing the risk factors of a heart attack or ischemic stroke is key to helping prevent a second cardiovascular event for yourself or your loved one.

On February 12, 2020, Mended Hearts President Ron Manriquez took part in an event aimed at bringing light to these hidden risk factors. During this event, LA-based artist Alexa Meade painted real heart attack survivors into a living mural at the Oculus at Westfield World Trade Center.

For every selfie shared with #YourHiddenRisk, Bayer will donate $1.00 to Mended Hearts or WomenHeart (up to $50,000) Valid: 2/12-3/12/2020. You can help raise money for Mended Hearts, learn more about risk factors for heart attack (myocardial infarction) and stroke — and learn how you can work with your doctor to make more informed decisions. Find out more at https://www.yourhiddenrisk.com/our-partners/
Campaign is a success!

As a proud partner of the Valve Disease Awareness Day Campaign, Mended Hearts hosted multiple in-person events throughout the country to raise awareness and educate communities on valve disease and treatments. All together these events were attended by over 300 people.

Along with the in-person events, Mended Hearts took part in the twitter chat on February 19, ran a valve disease awareness blog series, and shared information across our social media platforms. Our goal is to ensure that as many people as possible know the signs of valve disease and get early treatment. You can find out more about Valve Disease Awareness Day at https://www.valvediseaseday.org/.

Flu Activity is Still High Across the US

Winter is coming to an end in many parts of the country, but flu activity is still high and according to the CDC, expected to continue for weeks.

There is still time to get a flu shot to protect you through the remainder of the flu season. Children, older adults and anyone whose immune system could be compromised, need to get their flu shot, or talk to their doctor.

Chapters that are interested in ordering the Mended Hearts flu brochure to hand out to patients, can order those on the Officer Portal HERE.

Better Business Bureau Designation

We are proud to announce that Mended Hearts was recently awarded a Better Business Bureau designation. The Better Business Bureau Giving Wise Alliance (“BBB GWA”) is a national charity monitoring organization that has been reporting on nationally-soliciting charities for nearly one hundred years. BBB
GWA helps donors make informed giving decisions and promotes high standards of conduct among organizations that solicit contributions from the public.

Thank you to everyone who has worked so hard to obtain this designation.

Each donation helps to support our mission to inspire hope through ongoing peer-to-peer support, education, and advocacy.

GIVE TODAY

If you wish to find out more about a local MH or M\&H event, or you have a meeting you would like added in next month’s newsletter, please email Mandy at Mandy.Sandkuhler@mendedhearts.org

**MH Chapter Events**

- **MH of Wenatchee, WA**: Chapter Meeting 03/07/2020 from 11:30 to 1 p.m. For more info email Ann [HERE](#).
- **MH of Central Virginia**: Chapter Meeting 03/03/2020 at 7 p.m. For more info email John [HERE](#).
- **MH of Palm Beach Cty, FL**: Chapter Meeting 03/03/2020 at 6 p.m. For more info click [HERE](#).
- **MH of The Villages, FL**: Chapter Meeting 03/05/2020. For more info email Bev [HERE](#).
- **MH of Cabarrus, NC**: Chapter Meeting 03/05/2020. For more info about future meetings email Ken [HERE](#).
- **MH of Northern Virginia**: Chapter Meeting 03/07/2020 at 11 a.m. For more info email Michael [HERE](#).
- **MH of Oakland, CA**: Chapter Meeting 03/07/2020. For more info email [HERE](#).
- **MH of National Capital Area, DC**: Chapter Meeting 03/08/2020 at 3 p.m. For more info email Ash [HERE](#).
- **MH Newark, DE**: Chapter Meeting 03/09/2020 at 6:30 p.m. For more info email Linda [HERE](#).
- **MH of Atlanta, GA**: Chapter Meeting 03/09/2020. For more info email Harry [HERE](#).
- **MH of the Grand Strand (Myrtle Beach), SC**: Chapter Meeting 03/09/2020. For more info email Mary Lou [HERE](#).

**M\&H Group Events**

- **M\&H of San Diego, CA**: Teen CHD Chat Group 03/07/2020 from 2:30 to 3:30 p.m. For more info click [HERE](#).
- **M\&H of Ft. Worth, TX**: Chapter meeting 03/09/2020. For more info email Amanda [HERE](#).
- **M\&H of San Diego, CA**: Egg Hunt and Brunch 04/18/2020 at 11 a.m. For more info click [HERE](#).
- **M\&H of Austin**: Rock the Beat Walk 04/25/2020. For more info email Dana [HERE](#).
- **M\&H of Indianapolis**: Let’s Go Bowling Event 04/25/2020 from 3 to 5 p.m. For more info click [HERE](#).
- **M\&H of San Diego, CA**: Music therapy classes the last Friday of every month at 4 p.m. through December. Two classes; ages 0-3 and 4 & up. For more information click [HERE](#).
MH of Coachella Valley, CA: Chapter Meeting
03/09/2020. For more info email Bill [HERE].

MH of Chicago, IL: Chapter Meeting
03/10/2020 at 6 p.m. For more info email Neal [HERE].

MH of St. Petersburg, FL: Chapter Meeting
03/11/2020 from 1 to 3 p.m. For more info email Ken [HERE].

MH of Landmark, RI: Chapter Meeting
03/11/2020 at 5:30 p.m. For more info email Carolyn [HERE].

MH of Oconomwoc, WI: Chapter Meeting
03/11/2020 at 6:30 p.m. For more info email Sharon [HERE].

MH of Charlottesville, VA: Chapter Meeting
03/12/2020 from 2 to 3 p.m. For more info email Robin [HERE] or call 434-243-8197.

MH of Fayetteville, NC: Chapter Meeting
03/12/2020 from 6 to 7:30 p.m. at Cape Fear Valley Health Plex. For more info email Bill [HERE].

MH Bellefontaine, OH: Christmas social
03/12/2020 at 6 p.m. For more info email Bruce [HERE].

MH of Leesburg, FL: Chapter Meeting
03/12/2020 at 10 a.m. For more info email Michele [HERE].

MH of Aiken, SC: Chapter Meeting 03/13/2020
at 10 a.m. For more info email Phil [HERE].

MH North Suburban Chapter: Chapter Meeting
03/13/2020 at 6:30 p.m. For more info email John at johnnfrank@gmail.com.

MH of Hartford, CT: Chapter Meeting
03/15/2020 at 2 p.m. For more info email John [HERE].

MH of Fort Myers, FL: Chapter Meeting
03/18/2020 at 6:30 p.m. For more info email Joe [HERE].

MH of Greater Hartford: Chapter Meeting
03/18/2020. For more info email Walter [HERE].

MH of Cherokee, GA: Chapter Meeting
03/24/2020. For more info email David [HERE].

MH of Northwest, FL: Chapter Meeting
03/25/2020. For more info email David [HERE].

MH Blueridge, VA: Chapter Meeting
03/26/2020. For more info contact Dan [HERE].

MH of Loma Linda, CA: Chapter meeting
03/27/2020 from 1:30 to 3 p.m. For more info email Joe [HERE].

MH San Gabriel Valley: Chapter Meeting and lunch 03/27/2020 at 12 p.m. (lunch to start). For more info email Fred [HERE].

www.Mendedhearts.org - 1-888-432-7899