Online Network of Support

Get back on your feet after your heart diagnosis! When you get home, get online with us at connect.mendedhearts.org. We’re here to help you! We even conduct “visits” via email with heart patients, caregivers and families. You can connect with an Internet visitor by emailing support@mendedhearts.org.

Toll-free Help Line

We’re just a toll-free phone call away. Dial 1-888-HEART99 (1-888-432-7899) and we’ll answer questions to address any concerns you have and connect you with a Mended Hearts chapter and fellow heart survivor in your area.

Mended Little Hearts

We also have groups to address the needs of families of children with congenital heart diseases or defects (CHDs). Mended Little Hearts provides support and encouragement to these families. You can learn more about what we do for these families at www.mendedlittlehearts.org.

For more information, visit us at www.mendedhearts.org or call us at 1-888-HEART99. You can also join us online in our community at connect.mendedhearts.org.

Or write to us at:

The Mended Hearts, Inc.
Resource Center
1500 Dawson Road
Albany, GA 31707
We are heart patients. We are caregivers. We are family. We are Mended Hearts

We Are Mended Hearts
Learning that there is a problem with your heart can be a frightening experience. If your condition requires surgery or another procedure, that can add another layer of stress. Why me? What happens now? Will I be able to go back to my routine, or will I have to make changes? What will my life be like now?

If you’re a caregiver for someone who’s just been through a heart event, you’re probably asking yourself questions too. How can I help my loved one adjust to his or her new life? What do I need to do to help take care of my loved one?

That’s just where we can help. We are Mended Hearts, the nation’s oldest peer-to-peer support group for heart patients and caregivers just like you. We are heart patients and caregivers ourselves. Mended Hearts’ physician-endorsed, peer-to-peer support network assists patients and caregivers from diagnoses through the journey of recovery with social, emotional and practical support. Today we have almost 300 chapters and 24,000 members in 48 states.

Our motto is “It’s great to be alive and help others”

Chapter Meetings and Events
Chapters across the nation host monthly support meetings, picnics, education, and events to provide patients and caregivers the opportunity to share and learn together.

A Helping Hand
We work directly with 460 of the nation’s top hospitals, cath labs, rehabilitation clinics and more to help heart survivors experience a positive patient-care experience. Whether it’s a visit to a hospital room or cath lab, a support group meeting or an educational forum, we’re there when and where we’re needed to offer a voice of support and a helping hand.

Visiting Program
Our trained accredited visitors work with the support of hospitals and clinics to serve the heart patients and caregivers they serve. Mended Hearts volunteer visitors conduct nearly a quarter-million visits annually to patients, caregivers and families.

We listen. We share our own experiences. And above all, we empathize with the feelings and concerns of heart patients and their loved ones. We want to help enable you to live a fuller, healthier life.

Patient Advocacy
Mended Hearts is committed to teaching and empowering patients to develop and use their own voice on their journey. Advocating for patients to receive the access to the right treatment, at the right time, is a priority for Mended Hearts.

The Facts
Heart disease is the No. 1 killer of Americans, totaling more than 600,000 deaths annually. Heart disease claims more lives each year than cancer, respiratory diseases and accidents combined.

Patient Education
We also provide informative, timely guides to specific conditions so many of us face. From abnormal cholesterol to valve disease, we’ve got medically reviewed online and printed publications that will help you understand the conditions you face.

We also publish a quarterly magazine, Heartbeat, that provides members with important updates about the Mended Hearts organization as well as up-to-date information about heart health.