Often, parents do not think they have choices when it comes to feeding their baby, but they do. The nutrition your baby gets is extremely important, and parents should be part of the decision-making when it comes to what and how their baby is fed. Again, often the focus is on the baby’s heart, but feeding affects the heart and the whole body.

Don’t be afraid to ask questions when it comes to feeding your baby. Here are just some questions you might ask your baby’s healthcare team.

**BREASTFEEDING**
- Can I breastfeed my baby before surgery?
- Can I pump and store breast milk while my baby is in surgery and recovering?
- How soon after surgery will my baby be able to breastfeed?
- What milestones must my baby meet before I can start or resume breastfeeding after surgery?
- What support and services does your hospital have for breastfeeding moms?
- How will I know if my baby is getting enough nutrition?

**FORMULA**
- What type of formula is best for my baby and why?
- What are my options for formulas?
- How can I get the formula my baby needs once we are home?
- Are there discount programs or ways we can get formula at no cost?
- How can I keep track of the amount of formula my baby is getting?

**FORTIFIERS**
- Why does my baby need a fortifier?
- What are the types of fortifiers available and what are the ingredients in each type?
- What are the advantages and disadvantages of each type of fortifier?
- How long will my baby be on a fortifier?
- If I am breastfeeding, how will my baby get fortified breastmilk?

**FEEDING TUBES**
- Why does my baby need a feeding tube?
- What is the difference between the types of feeding tubes?
- Can I breastfeed or bottle feed my baby while he or she is on a feeding tube?
- Can I give my baby breastmilk through the feeding tube?
- How can my baby learn to feed orally while on a feeding tube?
- What if my baby pulls out the feeding tube?
- What is the best speed for the feeding pump for my baby?
- Are there services available to help with the feeding tube once we are home?
- What is the plan for getting my baby off the feeding tube?