NOVEMBER 1ST NEWSLETTER – FACE MASKS ARE PROVIDED!

IN PERSON MEETING AT THE CHURCH and ZOOM Virtual meeting

Chapter Officers
President: Bob Born – 307-631-2268
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Vice President
David Franck -307-214-0257
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Treasurer:
Steve Lee – 307-631-6785
UP3985.SL@gmail.com
Secretary:
Vacant
Visiting Chair:
Mike Porter, 307-369-6549
Cardiac Rehab Staff
Representative: Davin & Sete - 307-633-7060

Mended Hearts Newsletter
Hearts Afire Chapter 132

Next Meeting Information:
What: EXERCISE FOR YOUR HEALTH
Who: Mended Hearts Members, Cardiac Rehab Patients, family, and friends’
When: Monday, Nov 1, 2021 at 6:00 P.M.
Where: Cross Point Fellowship Church
AND A VIRTUAL WEB CAST on Zoom(See reverse)

Questions: Call Cardiac Rehab at 633-7060 ♥

Meeting Agenda:

5:40 – 6:00 Meet and greet
6:00 – 6:05 INTRODUCTIONS
6:05 – 6:25 GUEST SPEAKERS: Gavin & Sete, Exercise Physiologists
6:25 – 6:40 QUESTIONS ANSWERS
6:40 – 6:50 Open discussion/questions/concerns
6:50 – 7:00 Business Meeting
  ▪ Minutes of Previous Meeting
  ▪ Treasurer Report
  ▪ Upcoming Events
  • Monday, December 6th, 6:00 Speaker, Christmas Pot Luck

“It’s great to be alive and to help others!”
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IN PERSON MEETING AT THE CHURCH and ZOOM Virtual meeting

- Monday, January 3rd – Cardiovascular Surgeon
- Robert Born is inviting you to a scheduled Zoom meeting.

Topic: Robert Born’s Mended Hearts
Time: Nov 1, 2021 05:45 PM Mountain Time (US and Canada)

Join Zoom Meeting
https://us06web.zoom.us/j/85820861932?pwd=N1FkS05HRnp4WWNTRHdidXpMQ05MQT09

Meeting ID: 858 2086 1932
Passcode: 416422
One tap mobile
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